



TODAY

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Spring 2011

CATORCE DE MAYO

That exciting time of year has come around again, folks! If you are still stuck in your wintery slum, it is time to break free! Join us for our 4th Annual fundraising event. This year, we will be celebrating on **Saturday, May 14th**. It will be a lively fiesta complete with a catered Mexican buffet. Joining us again this year and performing live is musical guests Sabrina y Los Reyes. They have been our distinguished performer since our first dinner in 2008. Also joining us for another year as our MC is hilarious and beloved Michael Watters. The event is being held in downtown Bellingham at The Majestic beginning

at 6:00pm. The festivities will include a desert dash, piñata auction, live and silent auction

Wine tour for two, tickets to the Seattle Aquarium, Mariners Terrace Club tickets (including parking), and art from the talented local Bellingham artist Ben Mann.



Sabrina y Los Reyes

(including a mystery wine auction). Just to tease, some items include a Private Tour of the Chuckanut Brewery, Whatcom

Our event has grown in size each year, and we'd love your support to continue growing. Tickets are \$50 and can be purchased on our website or by calling the Sean Humphrey House. Now is the time to show your support while having a ton of fun! So ponder how to best bring out your fiesta side, and we hope to see you, your family and friends on **Saturday, May 14th!**

Lucky 7 Grant Round 2

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As you may have read in our Fall 2010 newsletter we were fortunate enough to raise over five thousand dollars for the Lucky 7 matching grant last year! This year, the Sean Humphrey House has been given the opportunity once again to participate in the Lucky 7 Matching Grant. We have hit the ground running. **The foundation matches donations that are received from first time donors or from current donors who double their last years donation.**

They will match up to \$5000. With all of our generous supporters, we hope to raise the full amount! It will be hard work, but Sean Humphrey House is no stranger to that. If you or someone that you know has been looking for a way to give back, here is your chance!

Contact the Sean Humphrey House Director, **Cassie Hernandez**, at **(360) 733-0176** if you want more information or would like to donate!

SADIE MAE 1993-2011

Sadie Mae, our 17 years old K-9 companion, went peacefully to sleep in February. Many attended her memorial that was held February 18th (thank you Chris Attebery) . It was back in November of 2001, Sadie Mae was adopted from the Whatcom Humane Society and came to live at Sean Humphrey House. She was a very hard worker and took



her job of looking after the residents and the House very seriously. Sadie was unfailingly therapeutic to residents through times of heartache and times of joy—a commendable trend of loyalty that will never be forgotten. The overwhelming influence Sadie had on Sean Humphrey House is still apparent throughout the house in the form of resident

artwork, photos and ageless memories. We know that Sadie would like us to give a loving thank you to everyone, including the Whatcom Humane Society, Jessica from Pampered Pets for making her coat shine and Todd Perry and the Fountain Vet staff for their meticulous attentiveness to her health and comfort. Also Angie & staff from Tails-a-Wagging should know of the im-

mense impact their love & care had on Sadie. Angie had been working with her even before Sadie was adopted by SHH. We'd also like to give thanks to James Weaver, Pam Pontious, Lanie Richardson & her daughter along with Luanne Myers for walking her over the years and thanks to Costco for donating dozens of roses. We love you Sadie

Mae! You will be missed and never forgotten. Thank you for helping make our house a home.



"Dogs are our link to paradise. They don't know evil or jealousy or discontent. To sit with a dog on a hillside on a glorious afternoon is to be back in Eden, where doing nothing was not boring -- it was peace."

Shasta's Seasonal Wisdom:

(Sadie was gracious enough to pass her wisdom along to Shasta)

"When someone is having a bad day, be silent, sit close by and nuzzle them gently."



Benefit X



Benefit X is an annual private fundraising event in Bellingham, Washington that has been donating to selected charities since 1998. The event is directed and supported entirely by volunteers and community donations. Sean Humphrey House is honored to be one of 5 recipients. On Feb. 20, 2011, the pirate themed event had guests hunting for buried treasure in the form of live and silent auction items and Julia Martin amazed everyone



with her custom made pirate ship. Not a dull moment throughout the evening as some enjoyed a game of Black Jack while others paid to have their friends put in the jail. It is the spirit of the people at events such as this that build a true community. Thank you Elizabeth and crew not just for what you do for SHH, but for what you do for our community!

We look forward to what is in store for next year's Benefit X!

Quiz Yourself!

Provided by advert.org

As we all know it's important to be educated. Here's your chance to see how much you really know!

1) Approximately how many people are living with HIV worldwide?

- A) 33 Million
- B) 23 Million
- C) 13 Million

2) AIDS was first reported in the U.S. in

- A) 1975
- B) 1981
- C) 1986

3) What is the difference between HIV and AIDS?

- A) HIV is a virus and AIDS is a bacterial disease
- B) There is no difference between HIV and AIDS
- C) HIV is the virus that causes AIDS

4) If someone has a CD4 count of 350 or less this means

- A) Their immune system is very healthy
- B) They no longer have HIV
- C) They should probably start antiretroviral treatment
- D) They will die within a week

Correct Answers: 1A, 2B, 3C, 4C

PROJECT HOMELESS CONNECT

On March 3, 2011, Whatcom County held its 3rd Annual Project Homeless Connect organized by the Whatcom Volunteer Center. This program serves to aid the homeless population in our community by providing various services for free.

These services include dental care, medical and vision exams, HIV testing, receiving IDs, getting bus passes, free haircuts, and services for youth. Those interested could also get information on veteran's benefits



and housing assistance, amongst other things. The event is volunteer run, and this year, more than 470 people gathered to receive these amazing free services. The compassion that the residents of Whatcom County have was certainly displayed through Project Homeless Connect, where enthusiastic volunteers were seen lining the streets of downtown Bellingham. Sean Humphrey House is proud to be part of not just PHC but of such a benevolent community.

Resident Corner

Dear SHH,

“You have taken me from the bottom of hurt and pain and given me to love and sanity again. I am thankful for all the love, kindness, tender-hearted, caring, gentle, softly, able to help and abundant of emotions that each person has given to me and an answer to the prayers that I have been praying. I love having the comfort of a bed and my own room. These are a few things I am happy about and thankful for.”

~ SHH resident

The residents would like to thank Pam Pries and the Mount Baker Toppers for the Valentine's Day barbershop quartet performance. Although Pam was not part of the performance, she arranged for the surprise. Pam, you are loved by them all—thank you! “Thank you Pam”

~ SHH residents

Volunteer Opportunity

Art as Therapy

We are currently looking for someone interested in donating their art as therapy services. Many residents are interested in using it as an outlet to express their emotions and experiences.

Resident Joke:

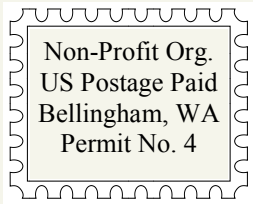
Why are frogs so happy?

They eat whatever
bugs them!



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TTY: 711 or 1-800-833-6388
www.seanhumphreyhouse.org



RETURN SERVICE REQUESTED

SEAN HUMPHREY HOUSE IS
IN COMPLIANCE WITH ADA.

Our Mission

Sean Humphrey House provides a safe home for people with HIV/AIDS who are low income or without personal resources and in need of personal care services.

Sean Humphrey House coordinates house management and resident care under the direction of our compassionate, professional staff and volunteers.

THANK YOU

AFFORDABLE BUSINESS SYSTEMS

ARROW LOCK SERVICE

ATTA BOY GUTTER CLEANERS

AVENUE BREAD AND BAKERY

BELLINGHAM FOOD BANK

BELLINGHAM HERALD

BELLINGHAM HOUSING AUTHORITY

BELLINGHAM UNITARIAN FELLOWSHIP

BENEFITX

BETTY PAGES

CHRIST THE SERVANT LUTHERAN CHURCH

CITY OF BELLINGHAM

COSTCO

DIAMOND JIMS

ELIZABETH TAYLOR FOUNDATION

EVERGREEN AIDS FOUNDATION

FAIRHAVEN LIONS CLUB

FOUNTAIN VET

GARDENWORKS

JOE LAIR

HAMMERHEAD COFFEE

HOAGLANDS PHARMACY

GLEN HUPP

INTERFAITH COMMUNITY HEALTH CENTER

JAN BOWMAN & ASSOCIATES

THE NORCLIFFE FOUNDATION

LUCKY SEVEN FOUNDATION

MARLA TYREE

MICROSOFT GIVING CAMPAIGN

MIKE & TINA LOCKER

MOUNT BAKER TOPPERS

MOSAIC CHURCH

A NEW LEAF

NORMAN ARCHIBALD FOUNDATION

PRIDE FOUNDATION

PUGET SOUND ENERGY

ROOSEVELT COMMUNITY CHURCH

THE SLUM DOCTOR PROGRAMME

SOUND COMMUNITY FOUNDATION

SOUND REMODELING

ST. LUKE'S FOUNDATION

ST. PAULS EPISCOPAL CHURCH

STARBUCKS COFFEE COMPANY

SUNSHINE PRINTING

SUSTAINABLE CONNECTIONS

TAILS-A-WAGGING, PAMPERED PETS GROOMING

TULALIP TRIBES

UNITED WAY OF WHATCOM COUNTY

UNTIL THERE'S A CURE

WESTERN WASHINGTON UNIVERSITY

WHATCOM COUNTY HEALTH DEPARTMENT

WHATCOM DIGITAL

WHATCOM VOLUNTEER CENTER

WHIDBEY ISLAND BANK

*Sean Humphrey House
Board of Directors:*

Elizabeth Page
Diane Weghorst
Brian Tofte-Schumacher
Catherine O'Keefe

Member at Large:
Brady Robb

*Always in Memory of Our
Founder
Karen Durham*

*Management Team:
Director/House Manager
Cassie Hernandez*

*LPN
Ingrid Lair*

*Lead Caregiver
Jenna Hullett*

*Volunteer Coordinator
Elle Peters*

*Intern
Stephanie Mataya*